Nepal

Deminographics

Total population (000) 29,959 (2010)
Total under-five population (000) 3,506 (2010)
Births (000) 724 (2010)
Birth registration (%) 35 (2010)
Total under-five deaths (000) 35 (2010)
Neonatal deaths: % of all under-5 deaths 58 (2010)
Neonatal mortality rate (per 1000 live births) 28 (2010)
Infant mortality rate (per 1000 live births) 41 (2010)
Stillbirth rate (per 1000 total births) 23 (2010)
Total maternal deaths 1,200 (2010)
Lifetime risk of maternal death (1 in N) 190 (2010)
Total fertility rate (per woman) 2.7 (2010)
Adolescent birth rate (per 1000 women) 106 (2010)

Under-five mortality rate
Deaths per 1,000 live births

Maternal mortality ratio
Deaths per 100,000 live births

Source: DHS, MICS, Other NS
www.countdown2015mnch.org

Maternal and newborn health

Coverage along the continuum of care

Skilled attendant at delivery
Percent live births attended by skilled health personnel

Prevention of mother-to-child transmission of HIV
Eligible HIV+ pregnant women receiving ART for their own health (% of total ARVs)

EQUITY

Socioeconomic inequities in coverage
Household wealth quintile: Poorest 20% Richest 20%

Demand for family planning satisfied
Antenatal care (4+ visits)
Skilled attendant at delivery
*Postnatal care
Exclusive breastfeeding
Measles

Child health

Immunization
- Percent of children immunized against measles
- Percent of children immunized with 3 doses DTP
- Percent of children immunized with 3 doses Hib

Pneumonia treatment
- Percent children <5 years with suspected pneumonia taken to appropriate health provider
- Percent children <5 years with suspected pneumonia receiving antibiotics

NUTRITION

Wasting prevalence [moderate and severe, %] 11 (2010)
Low birthweight prevalence [moderate and severe, %] 21 (2010)
Vitamin A supplementation [two-dose coverage, %] 73 (2010)

Underweight and stunting prevalence
- Percent children <5 years who are underweight
- Percent children <5 years who are stunted

Exclusive breastfeeding
Percent infants <6 months exclusively breastfed

Note: MDG Target calculated by Countdown to 2015

* See Annexes/website for indicator definitions

Source: DHS, MICS, Other NS

Note: Based on 2006 WHO reference population
**Nepal**

**MATERNAL AND NEWBORN HEALTH**

**Antenatal care**
Percent of women aged 15-49 years attended at least once by a skilled health provider during pregnancy

- 1996: 24
- 2000: 27
- 2001: 28
- 2006: 44
- 2011: 58

- % unsatisfied: 100 - Antenatal care (4 or more visits, %)
- % satisfied: 64 (2006)

**Diarrhoeal disease treatment**
Percent of children <5 years with diarrhoea receiving oral rehydration therapy/increased fluids with continued feeding

- 1996: 26
- 2001: 32
- 2006: 29
- 2011: 47

- % unsatisfied: 100 - Children <5 years without diarrhoea treated with ORS
- % satisfied: 100 - Children <5 years without diarrhoea treated with ORS

**Malaria prevention and treatment**
Percent of children receiving first line treatment among those receiving any antimalarial

- % unsatisfied: 100 - Percent of children receiving first line treatment among those receiving any antimalarial
- % satisfied: 100 - Percent of children receiving first line treatment among those receiving any antimalarial

**WATER AND SANITATION**

**Improved drinking water coverage**
Percent of population by type of drinking water source, 1990-2010

- % pipped on premises: 12 (1990) to 58 (2010)
- % other improved: 68 (1990) to 71 (2010)
- % unimproved: 8 (1990) to 8 (2010)

**Improved sanitation coverage**
Percent of population by type of sanitation facility, 1990-2010

- % improved: 10 (1990) to 12 (2010)
- % unimproved: 90 (1990) to 88 (2010)

**POLICIES**

- Maternity protection in accordance with Convention 183: No
- Specific notification of maternal deaths: Yes
- Midwifery personnel authorized to administer core set of life saving interventions: Yes
- International Code of Marketing of Breastmilk Substitutes: Yes
- Postnatal home visits in first week of life: No
- Community treatment of pneumonia with antibiotics: Yes
- Low osmolality ORS and zinc for management of diarrhoea: Yes
- Pneumococcal vaccine: -
- Rotavirus vaccine: -
- Malaria during pregnancy - intermittent preventive treatment (%): 3, 8, 2 (2006)

**SYSTEMS AND FINANCING**

- Costed national implementation: Partial
- Density of doctors, nurses and midwives (per 10,000 population): 6.7 (2004)
- National availability of emergency obstetric care services: 46 (2007)
- Per capita total expenditure on health (US$): 37 (2010)
- General government expenditure on health as % of total government expenditure (%): 7 (2010)
- Out-of-pocket expenditure as % of total expenditure on health (%): 64 (2010)
- Official development assistance to child health per child (US$): 7 (2009)
- Official development assistance to maternal and neonatal health per live birth (US$): 30 (2009)