**Pakistan**

### DEMOGRAPHICS

<table>
<thead>
<tr>
<th>Measure</th>
<th>Value (2015)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total population (000)</td>
<td>173,593</td>
</tr>
<tr>
<td>Total under-five population (000)</td>
<td>21,418</td>
</tr>
<tr>
<td>Births (000)</td>
<td>4,741</td>
</tr>
<tr>
<td>Birth registration (%)</td>
<td>27 (2016-2017)</td>
</tr>
<tr>
<td>Total under-five deaths (000)</td>
<td>423 (2016-2017)</td>
</tr>
<tr>
<td>Neonatal deaths: % of all under-5 deaths</td>
<td>46 (2016-2017)</td>
</tr>
<tr>
<td>Neonatal mortality rate (per 1000 live births)</td>
<td>41 (2016-2017)</td>
</tr>
<tr>
<td>Infant mortality rate (per 1000 live births)</td>
<td>70 (2016-2017)</td>
</tr>
<tr>
<td>Stillbirth rate (per 1000 total births)</td>
<td>47 (2016-2017)</td>
</tr>
<tr>
<td>Total maternal deaths</td>
<td>12,000</td>
</tr>
<tr>
<td>Lifetime risk of maternal death (1 in N)</td>
<td>110 (2016-2017)</td>
</tr>
<tr>
<td>Total fertility rate (per woman)</td>
<td>3.4 (2016-2017)</td>
</tr>
<tr>
<td>Adolescent birth rate (per 1000 women)</td>
<td>16 (2017)</td>
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</tbody>
</table>

### MATERNAL AND NEWBORN HEALTH

#### Coverage along the continuum of care

- **Demand for family planning satisfied**
- **Antenatal care (4+ visits)**
- **Skilled attendant at delivery**
- **Postnatal care**
- **Exclusive breastfeeding**

#### Skilled attendant at delivery

- Live births attended by skilled health personnel

#### Prevention of mother-to-child transmission of HIV

- HIV+ pregnant women receiving ART for their own health (% of total ARVs)

### CHILD HEALTH

#### Immunization

- Percentage of children immunized against measles
- Percentage of children immunized with 3 doses DTP
- Percentage of children immunized with 3 doses Hib

#### Pneumonia treatment

- Percentage of children <5 years with suspected pneumonia

#### NUTRITION

#### Wasting prevalence (moderate and severe, %)

- Percentage of children underweight
- Percentage of children stunted

#### Exclusive breastfeeding

- Percentage of infants <6 months exclusively breastfed
**MATERNAL AND NEWBORN HEALTH**

### Antenatal care

Percent of women aged 15–49 years attended at least once by a skilled health provider during pregnancy

<table>
<thead>
<tr>
<th>Year</th>
<th>Other NS</th>
<th>Other NS</th>
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<th>Other NS</th>
<th>DHS</th>
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<tbody>
<tr>
<td>1996-1997</td>
<td>26</td>
<td>25</td>
<td>43</td>
<td>36</td>
<td>61</td>
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<td>1998-1999</td>
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<td>2001</td>
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<td>2004-2005</td>
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<td>2006-2007</td>
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</tbody>
</table>

### Causes of under-five deaths, 2010

- Prematurity: 15%
- Infections: 4%
- Preterm: 17%
- Globally more than one third of child deaths are attributable to undernutrition

### Causes of maternal deaths, 1997-2007

- Unsafe abortion 18%
- Intrapartum-related events 9%
- Sepsis: 7%
- Pneumonia: 35%
- Hypertension: 17%

### Child health

### Diarrhoeal disease treatment

- Children <5 years with diarrhoea treated with ORS
- Children <5 years with diarrhoea receiving oral rehydration therapy/increased fluids with continued feeding

### Malaria prevention and treatment

- Percent of children <5 years sleeping under ITNs

### Water and sanitation

**Improved drinking water coverage**

Percent of population by type of drinking water source, 1990-2010

- Piped on premises
- Other improved
- Unimproved

**Improved sanitation coverage**

Percent of population by type of sanitation facility, 1990-2010

- Improved facilities
- Shared facilities
- Unimproved facilities
- Open defecation

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**POLICIES**

- Maternity protection in accordance with Convention 183: No
- Specific notification of maternal deaths: No
- Midwifery personnel authorized to administer core set of life saving interventions: Partial
- International Code of Marketing of Breastmilk Substitutes: Yes
- Postnatal home visits in first week of life: Yes
- Community treatment of pneumonia with antibiotics: Yes

**SYSTEMS AND FINANCING**

- Costed national implementation plan(s) for maternal, newborn and child health available: Yes
- Density of doctors, nurses and midwives (per 10,000 population): 13.7 (2010)
- National availability of emergency obstetric care services (% of recommended minimum): -
- Per capita total expenditure on health (US$): 88 (2010)
- General government expenditure on health as % of total government expenditure (%): 4 (2010)
- Out-of-pocket expenditure as % of total expenditure on health (%): 50 (2010)
- Official development assistance to child health per child (US$): 8 (2010)