Countdown to 2015
Maternal, Newborn & Child Survival

Nepal

DEMOGRAPHICS

Total population (000) 27,474 (2012)
Total under-five population (000) 2,984 (2012)
Births (000) 593 (2012)
Birth registration (%) 42 (2011)
Total under-five deaths (000) 24 (2012)
Neonatal deaths: % of all under-5 deaths 57 (2012)
Neonatal mortality rate (per 1000 live births) 24 (2012)
Infant mortality rate (per 1000 live births) 34 (2012)
Stillbirth rate (per 1000 total births) 23 (2012)
Total maternal deaths 1,100 (2012)
Lifetime risk of maternal death (1 in N) 200 (2012)
Total fertility rate (per woman) 2.4 (2012)
Adolescent birth rate (per 1000 girls) 87 (2008)

MATERNAL AND NEWBORN HEALTH

Under-five mortality rate
Deaths per 1000 live births

Maternal mortality ratio
Deaths per 100,000 live births

SKILLED ATTENDANT AT DELIVERY

Pre-natal care

Birth

Neonatal period

Infancy

Source: DHS 2011

EQUITY

Socioeconomic inequities in coverage
Household wealth quintile: Poorest 20% richest 20%

Demand for family planning satisfied
Antenatal care (1 visit)
Antenatal care (4+ visits)
Skilled attendant at delivery
Early initiation of breastfeeding
ITN use among children <5 yrs
DTP3
Measles
Vitamin A (past 6 months)
ORT & continued feeding
Careseeking for pneumonia

IMMUNIZATION

Percent of children immunized:
- against measles
- with 3 doses DTP
- with 3 doses Hib
- with rotavirus vaccine
- with 3 doses pneumococcal conjugate vaccine

Source: WHO/UNICEF 2013

NUTRITION

Wasting prevalence (moderate and severe, %) 11 (2011)
Low birthweight incidence (moderate and severe, %) 18 (2011)

Underweight and stunting prevalence
Percent of children <5 years who are moderately or severely:
- underweight
- stunted

Source: DHS 2011

PNEUMONIA TREATMENT

Percent of children <5 years with symptoms of pneumonia:
- taken to appropriate health provider
- receiving antibiotics

Source: UNICEF/UNAIDS/WHO 2013

TREATMENT OF MOTHER-TO-CHILD TRANSMISSION OF HIV

Eligible HIV+ pregnant women receiving ART for their own health (% of total ARVs)

Percent HIV+ pregnant women receiving ARVs for PMTCT

Source: MMEIG 2014

Note: MDG target calculated by Countdown to 2015.

Source: DHS, MICS, Other NS

* See Annex/website for indicator definition
**Nepal**

### DEMOGRAPHICS

#### Causes of under-five deaths, 2012

- Pneumonia: 12%
- Preterm: 2%
- Other: 5%
- Neoplasms, malignant: 5%
- Other 5%
- Diarrhoea: 5%

**Source:** WHO/CHERG 2014

#### Causes of maternal deaths, 2013

- Sepsis 14%
- Embolism 2%
- Abortion 6%
- Other direct 8%
- Indirect 29%
- Hypertension 10%

**Source:** WHO 2014

### MATERNAL AND NEWBORN HEALTH

#### Antenatal care

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#### Demand for family planning satisfied (%)

- 64 (2011)

#### Antenatal care (4 or more visits, %)

- 50 (2011)

#### Malaria during pregnancy - intermittent preventive treatment (%)

- 5, 14 (2011)

#### Neonatal tetanus vaccine

- 82 (2012)

#### Postnatal visit for baby

- 30 (2011)

#### Postnatal visit for mother

- 45 (2011)

#### Women with low body mass index (<18.5 kg/m²)

- 20 (2011)

### CHILDRENE HEALTH

#### Diarrhoeal disease treatment

- Percent of children <5 years with diarrhoea:
  - Receiving oral rehydration therapy/increased fluids: 40%
  - Shared facilities: 60%

#### Malaria prevention and treatment

- Percent children receiving first line treatment among those receiving any antimalarial: 80%

- Percent children <5 years sleeping under ITNs: Very limited risk

### WATER AND SANITATION

#### Improved drinking water coverage

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#### Improved sanitation coverage

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**Source:** WHO/UNICEF 2014

### POLICIES

- **Laws and regulations that allow adolescents to access contraceptives without parental or spousal consent**: Partial
- **Legal status of abortion (4 of 5 circumstances)**: 5 (R,F)
- **Midwives authorized for specific tasks (4 of 7 tasks)**: -
- **Maternity protection (Convention 183)**: No
- **Maternal deaths notification**: No
- **Postnatal home visits in the first week after birth**: Yes
- **Kangaroo Mother Care in facilities for low birthweight/preterm newborns**: Yes
- **Antenatal corticosteroids as part of management of preterm labour**: Yes
- **International Code of Marketing of Breastmilk Substitutes**: Yes
- **Community treatment of pneumonia with antibiotics**: Yes
- **Low osmolarity ORS and zinc for management of diarrhoea**: Yes

### SYSTEMS

- **Costed national implementation plan(s) for: maternal, newborn and child health available**: Partial
- **Life Saving Commodities in Essential Medicine List**:
  - Reproductive health (X of 3)
  - Maternal health (X of 3)
  - Newborn health (X of 4)
  - Child health (X of 3)

- **Density of doctors, nurses and midwives (per 10,000 population)**: 6.7 (2004)
- **National availability of Emergency Obstetric Care services (% of recommended minimum)**: 46 (2007)

### FINANCING

- **Per capita total expenditure on health (US$)**: 80 (2012)
- **General government expenditure on health as % of total government expenditure (%)**: 10 (2012)
- **Out of pocket expenditure as % of total expenditure on health**: 49 (2012)
- **Reproductive, maternal, newborn and child health expenditure by source**:
  - External sources
  - General government expenditure
  - Out-of-pocket expenditure
  - Other
  - No Data

- **ODA to child health per child (US$)**: 13 (2012)
- **ODA to maternal and neonatal health per live birth (US$)**: 31 (2012)

Note: See annexes for additional information on the indicators above.