Lesotho

Demographics

- Total population (000) 2,125 2019
- Total under 5 population (000) 253 2019
- Total adolescent (10-19) population (000) 431 2019
- Secondary completion rate (age 15-17 yrs, females) 27% 2018
- Total births (000) 56 2019
- Total fertility rate (births per woman) 3.1 2019
- Adolescent (15-19 years) birth rate (births per 1000 girls) 94 2013

Birth registration 43% 2014
Total maternal deaths 310 2017
Lifetime risk of maternal deaths (1 in N) 58 2017
Stillbirth rate (per 1000 total births) 20 2015
Neonatal deaths, as % of all <5 deaths 43% 2018
Total under 5 deaths (000) 5 2018
Adolescent (10-19) mortality rate (per 100,000), by sex 237 girls 247 boys 2016

Continuum of Care Coverage

Percentage of those in need receiving coverage of key interventions across the continuum of care

Maternal & Newborn Health

Pregnancy and Delivery Care
- Antenatal care (4+ visits) 71-77% 2019
- Skilled birth attendance 60-69% 2019

Adolescent Reproductive and Maternal Health
- Pregnant women living with HIV receiving ART 77% 2018
- Intermittent preventive treatment for malaria during pregnancy 3+ 79% 2019
- Institutional Delivery 70%/77%/77% 2014
- C-section rate 12%/9%/10% 2014

Additional Maternal and Neonatal Health Interventions
- Neonatal tetanus protection 93% 2019
- Vitamin A supplementation, full coverage 18% 2017
- Minimum dietary diversity 17% 2016

Breastfeeding Practices
- Continued breastfeeding (over 1 y) 71% 2014
- Early initiation of breastfeeding 58% 2014
- Exclusive breastfeeding 53% 2014

Women’s & Children’s Nutrition

- Prevalence of anemia in women aged 15-49 27% 2016
- Women of reproductive age, short stature 1% 2016
- Women (20+) with BMI <18.5 kg/m² (thinness) 4% 2016
- BMI 25-30 kg/m² (overweight) 28% 2014
- BMI >30 kg/m² (obese) 28% 2014
- Iron/folic acid supplementation during pregnancy 51% 2014
- Low birth weight prevalence 15% 2016
- Vitamin A supplementation, full coverage 18% 2017
- Minimum dietary diversity 17% 2016

Child Nutritional Status
- Percent children under 5 with moderate and severe:
  - Underweight (13%) 2014
  - Severe underweight (3%) 2014
  - Overweight (17%) 2014
  - Stunting (57%) 2014
  - Wasting (28%) 2014

More information about indicator sources, definitions and other details can be found at: countdown2030.org/annexes
Lesotho

Demographics

Maternal Mortality Ratio
Deaths per 100,000 live births

Neonatal & Under-five Mortality Rate
Deaths per 1,000 live births

Immunization
Percent of children immunized:
- with 3 doses of DTP (93%) 2018
- against measles (93%) 2018
- with 3 doses of Hib (93%) 2018
- against rotavirus (72%) 2018

Pneumonia Treatment
Percent of children under 5 years with symptoms of pneumonia taken to appropriate health provider

Diarrhoeal Disease Treatment
Percent of children under 5 years with diarrhoea:
- Treated with ORS 51%
- Treated with ORS + zinc 38%

Low Risk

Malaria Prevention & Treatment
Malaria prevention in children under-five:
- Sleeping under ITNs 56%
- PPM 62%

Malnutrition

Water, Sanitation & Hygiene

Conclusion

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