Pakistan

Demographics

- Total population (000): 216,665
- Total under 5 population (000): 27,668
- Total adolescent (10-19) population (000): 44,915
- Secondary completion rate (upper, females): 38%
- Total births (000): 6,029
- Total fertility rate (births per woman): 3.5
- Adolescent (15-19 years) birth rate (births per 1000 girls): 46

Birth registration: 42% 2018
Total maternal deaths: 8,300 2017
Life-time risk of maternal deaths (1 in N): 700,000
Stillbirth rate (per 1000 total births): 43 2015
Neonatal deaths, as % of all <5 deaths: 49 2018
Total under 5 deaths (000): 409 2018
Adolescent (10-19) mortality rate (per 100,000), by sex:
- Girls: 113
- Boys: 60

Continuum of Care Coverage

Percentage of those in need receiving coverage of key interventions across the continuum of care.

Maternal & Newborn Health

Pregnancy and Delivery Care

- Antenatal care (4+ visits)
  - Total: 85%
  - Rural: 86%
  - Urban: 85%
- Skilled birth attendent
  - Total: 91%
  - Rural: 92%
  - Urban: 90%

Adolescent Reproductive and Maternal Health

- Skilled birth attendent
  - Total: 60%
  - Rural: 54%
  - Urban: 64%
- Antenatal care (4+ visits)
  - Total: 69%
  - Rural: 70%
  - Urban: 66%

Additional Maternal and Neonatal Health Interventions

- Exclusive breastfeeding
  - Total: 23%
  - Rural: 22%
  - Urban: 24%

Equity

- Skilled birth attendent (Lowest & Highest quintile)
  - Rural: 58% - 62%

Breastfeeding Practices

- Early initiation of breastfeeding
  - Total: 70%

Child Nutritional Status

- Percent children under 5 with moderate and severe:
  - Stunting: 47% 2017
  - Underweight: 41% 2017
  - Marasmus: 47% 2017
  - Kwashiorkor: 47% 2017

- Percent children with vitamin A supplementation:
  - Total: 92%

- Minimum dietary diversity:
  - Total: 15% 2017

More information about indicator sources, definitions and other details can be found at: countdown2030.org/annexes
Demographics

Maternal Mortality Ratio
Deaths per 100,000 live births

Neonatal & Under-five Mortality Rate
Deaths per 1,000 live births

Child Health

Immunization
Percent of children immunized:
- with 1 dose of BCG (75%) 2016
- with 1 dose of DPT (75%) 2016
- with 1 dose of measles (75%) 2016
- against tuberculosis (58%) 2016

Diarrhoeal Disease Treatment
Percent of children under 5 years with diarrhea:
- Treated with ORS: 41% 2016
- Treated with ORS + zinc: 38% 2016

Pneumonia Treatment
Percent of children under 5 years with symptoms of pneumonia taken to appropriate health provider:
- 2016
- 2017
- 2018

Malaria Prevention & Treatment
Malaria prevention in children under-five - sleeping under ITN

Environmental

Water, Sanitation & Hygiene

Legislative Policies
Legal age limit exists for adolescents to access family planning without spousal or parental consent
Legal status of abortion
- to save a woman’s life: Yes
- to prevent serious harm: Yes
- for social & economic reasons: No
- on request: No
- in case of rape: Yes
- in case of foetal impairment: Yes

Governance
Costed national implementation plan(s) for reproductive, maternal, newborn and child health available

Financing
Total expenditure on health, per capita
- 2016
- 2017

Service Delivery
Life Saving Commodities in Essential Medicine List for RMNCH:

Reproductive Health
- Contraceptive Services
- Emergency Contraception

Material Health
- Injectable Antibiotics
- Drugs for Antituberculosis
- Malaria

Newborn Health
- Neonatal Resuscitators
- Emergency equipment

Child Health
- Immunization
- Vitamin A
- Zn

Government
National availability of functional Emergency Obstetric Care (% of recommended minimum)

Density of skilled health professionals (per 10,000 population)
- Doctors
- Nurses/Midwives

Midwives authorized for specific tasks
- Parenteral
- Convulsants
- Sepsis
- Hypertension
- Sepsis
- Other

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