Demographics

- Total population (000)  215  2019
- Total under 5 population (000)  32  2019
- Total adolescent (10-19) population (000)  53  2019
- Secondary completion rate (upper, females)  12%  2018
- Total births (000)  7  2019
- Total fertility rate (births per woman)  4.3  2019
- Adolescent (15-19 years) birth rate (births per 1000 girls)  92  2014

Birth registration  95%  2014
Total maternal deaths  9  2017
Lifetime risk of maternal deaths (1 in N)  170  2017
Stillbirth rate (per 1000 total births)  16  2015
Neonatal deaths, as % of all <5 deaths  45%  2018
Total under 5 deaths (000)  0  2018
Adolescent (10-19) mortality rate (per 100,000)  81 girls  124 boys  2016

Continuum of Care Coverage

Percentage of those in need receiving coverage of key interventions across the continuum of care

Maternal & Newborn Health

- Pregnancy and Delivery Care
  - Antenatal care (4 + visits)  84%
  - Skilled birth attendance  99%
- Adolescent Reproductive and Maternal Health
  - Skilled birth attendance  85%
- Additional Maternal and Neonatal Health Interventions
  - Pregnant women living with HIV receiving ART  > 95%  2018
  - Intermittent preventive treatment for malaria during pregnancy 3+  12%  2014
  - Institutional Delivery
    - Skilled  91%
    - Facility  91%
  - C-section rate
    - 7%  2014
  - Neonatal tetanus protection
    - 84%
  - Postnatal care for mothers
    - 83%
  - Neonatal tetanus protection
    - 84%
  - Immediate exclusive breastfeeding
    - 83%  2014
  - Neonatal tetanus protection
    - 84%
  - Continued breastfeeding
    - 49%  2014
  - Exclusive breastfeeding
    - 2%  2014
  - Neonatal tetanus protection
    - 84%

Women's & Children's Nutrition

Essential Nutrition Indicators

- Prevalence of anemia in women aged 15-49  46%  2016
- Women of reproductive age, short stature  -
- Women (20+) with BMI <18.5 kg/m2 (underweight)  7%  2014
- BMI 25-30 kg/m2 (overweight)  25%  2014
- BMI >30 kg/m2 (obese)  18%  2016
- Iron-fortified food supplementation during pregnancy  54%  2014
- Low birth weight prevalence  7%  2015
- Vitamin A supplementation, full coverage  23%  2017
- Minimum dietary diversity  37%  2016

Breastfeeding Practices

- Continued breastfeeding (over 1)  50%  2014
- Early initiation of breastfeeding
  - Exclusive breastfeeding  86%  2014

Child Nutritional Status

- Percent children under 5 with moderate and severe:
  - Stunting (17%) 2018
  - Underweight (17%) 2018

- Life expectancy
  - Total 75.9  2014

Equity

- Demand for family planning services with modern methods
  - Rural  40%
  - Urban  50%
- Antenatal care, 4+ visits
  - Rural  85%
  - Urban  93%
- Skilled birth attendance
  - Rural  75%
  - Urban  85%
- Neonatal tetanus protection
  - Rural  82%
  - Urban  93%
- Skilled birth attendants
  - 75%
- Perinatal care for teachers
  - 40%
- Perinatal care for lactation
  - 50%

More information about indicator sources, definitions and other details can be found at: countdown2030.org/annexes
Sao Tome and Principe

Demographics

Maternal Mortality Ratio
Deaths per 100,000 live births

Neonatal & Under-five Mortality Rate
Deaths per 1,000 live births

Child Health

Immunization
Percent of children immunized:

Diarrhoeal Disease Treatment
Percent of children under 5 years with diarrhoea

Malaria Prevention & Treatment
Malaria prevention in children under-five - sleeping under ITNs

Water, Sanitation & Hygiene

Percent of children under 5 years with diarrhoea:

Pneumonia Treatment
Percent of children under 5 years with symptoms of pneumonia taken to appropriate health provider

Legislative Policies
Legal age limit exists for adolescents to access family planning without spousal or parental consent

Governance
Costed national implementation plan(s) for reproductive, maternal, newborn and child health available

Service Delivery
Life Saving Commodities in Essential Medicine List for RMNCH:

Water, Sanitation & Hygiene

Policies, Systems & Financing

Source: WHO MCEE 2015

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