**Demographics**

- Total population (000): 17,861
- Total under 5 population (000): 2,902
- Total adolescent (10-19) population (000): 4,426
- Total births (000): 641
- Total fertility rate (births per woman): 4.6
- Adolescent (15-19 years) birth rate (births per 1000 girls): 141

**Birth registration**

- 11% in 2014

**Total maternal deaths**

- 1,300 in 2019

**Lifetime risk of maternal deaths (1 in x)**

- 93 in 2015

**Stillbirth rate (per 1000 total births)**

- 21 in 2017

**Neonatal deaths, as % of all <5 deaths**

- 42% in 2018

**Total under 5 deaths (000)**

- 36 in 2017

**Adolescent (10-19) mortality rate (per 100,000), by sex**

- 177 girls, 222 boys in 2016

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**Continuum of Care Coverage**

Percentage of those in need receiving coverage of key interventions across the continuum of care.

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**Maternal & Newborn Health**

- Antenatal care (4+ visits)
- Maternal and newborn health
- Addional maternal and neonatal health interventions

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**Women’s & Children’s Nutrition**

- Prevalence of anemia in women aged 15-49: 34%
- Women of reproductive age, short stature: 2%
- Women (20+): BMI >18.5 kg/m²: 8%
- BMI 25-30 kg/m² (overweight): 25%
- BMI >30 kg/m² (obese): 13%
- Iron/folic acid supplementation: 59%
- Low birth weight prevalence: 12%
- Vitamin A supplementation, full coverage: 99%
- Minimum dietary diversity: 22%

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**Breastfeeding Practices**

- Continued breastfeeding (over 1 year): 92% in 2013

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More information about indicator sources, definitions and other details can be found at: countdown2030.org/annexes
Zambia

Demographics

Maternal Mortality Ratio
Deaths per 100,000 live births

Causes of Maternal Death - 2014
Regional estimates for Sub-Saharan Africa

Pneumonia Treatment
Percent of children under 5 years with symptoms of pneumonia taken to appropriate health provider

Legislative Policies
Legal age limit exists for adolescents to access family planning without spousal or parental consent

Water, Sanitation & Hygiene

Diarrhoeal Disease Treatment
Percent of children under 5 years with diarrhoea

Malaria Prevention & Treatment
Malaria prevention in children under-five - sleeping under ITNs

Environmental

Water, Sanitation & Hygiene

Environmental

Water, Sanitation & Hygiene