Countdown to 2030
Maternal, Newborn & Child Survival

Nicaragua

CCI Country Score: -

Demographics

- Total Population (000) 6,150 2016
- Total under 5 population (000) 597 2016
- Total adolescent (10-19) population (000) 1,202 2016
- Secondary completion rate (girls, females) -
- Total births (000) 1.20 2016
- Total fertility rate (births per woman) 2.2 2016
- Adolescent (15-19 years) birth rate (births per 1000 girls) 92 2010
- Birth registration 85% 2012
- Total maternal deaths 180 2015
- Lifetime risk of maternal death (1 in N) 270 2015
- Stillbirth rate per 1000 total births 7 2015
- Neonatal deaths, as % of all <5 deaths 44% 2015
- Total under 5 deaths (000) 2 2016
- Adolescent (10-19) mortality rate (per 100,000) by sex: 47 grb, 76 boy 2015

Continuum of Care Coverage

Percentage of those in need receiving coverage of key interventions across the continuum of care

Maternal & Newborn Health

Pregnancy and Delivery Care

- Percent women aged 15-49 years with:
  - At least 4 ANC visits 88%
  - Skilled birth attendent 88%

Adolescent Reproductive and Maternal Health

- At least 1 ANC visit 8%
- At least 4 ANC visits 8%
- Skilled birth attendent 8%

Additional Maternal and Neonatal Health Interventions

- Pregnant women living with HIV receiving ART > 95% 2016
- Maternal death prevention for infants during pregnancy 2%
- Institutional delivery 100%
- Cesarean rate 24% 2010
- Exclusivity rate 39% 2010

Womens & Children's Nutrition

Essential Nutrition Indicators

- Prevalence of anaemia in women aged 15-49 16% 2016
- Women with reproductive age
  - short stature -
  - Women (20%) with BMI <18.5 kg/m2 (thinness) 2% 2010
  - BMI 25-30 kg/m2 (overweight) 33% 2010
  - BMI >30 kg/m2 (obese) 30% 2010
- Iron-folate acid supplementation during pregnancy -
- Low birth weight prevalence 5% 2011
- Vitamin A supplementation, full coverage 3% 2015
- Minimum dietary diversity -

Child Nutritional Status

- Percent children under 3 with moderate and severe stunting: 23% 2006
  - Severe (23%) 2006
  - Moderate (33%) 2006
- Overweight (BMI >20) -

Breastfeeding Practices

- Continued breastfeeding (per 1) 70% 2012
- Early initiation of breastfeeding 9%
- Exclusive breastfeeding 3%

More information about indicator sources, definitions, and other details can be found in the Countdown report annexes: countdown2030.org/annexes